This September, YWCA Utah launched Woke Words, a new multi-genre creative writing series for young women of color ages 15-25. In collaboration with several community organizers, academics, and activists, YWCA Utah will facilitate this eight-month long program centered on writing by women of color. The hope is to use literature to stimulate lively conversation about issues of race, gender, and identity. Upon completion of the program, participants will have the opportunity to read their personal work to a wider public audience during the YWCA’s annual Stand Against Racism next April.

Woke Words New at the YWCA

December 10 – December 14

 Volunteering, Gifts, & December Awards!

Plan for the winter holidays with a holiday shopping experience for local artists on the YWCA’s downtown main office plaza, and meet the artists visiting our help desk and running the shop. We will accept gently used items at the following times:

December 13: 10:00 AM – 5:00 PM
December 14: 10:00 AM – 4:00 PM

Woke Words will accept art donations at the following times:

December 13: 1:00 PM – 5:00 PM
December 14: 11:00 AM – 4:00 PM

For more information about Woke Words, please visit www.ywcautah.org/woke-words.

Candy Cane Lane

December 10 – December 14

Volunteers, Gifts, & December Awards!

Visitors, gifts, and volunteers are invited to shop and support a holiday shopping experience for local artists on the YWCA’s downtown main office plaza, and meet the artists visiting our help desk and running the shop. We will accept gently used items at the following times:

December 13: 10:00 AM – 5:00 PM
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Woke Words will accept art donations at the following times:

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YWCA Utah Board of Directors

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Phyllis J. Meinke
Bruce and Kaye Jorgenson
John and Catherine Paschant Nettes
Darshel Patel
Thomas and Mary Schubach McCurbery

Welcome to YWCA Lifetime Members

Patricia B. Dimond
Jannicke J. Smith
Sandra J. McPeak
Nora Trinidad-Scholle

These women joined the YWCA as lifetime members in 2019. To become a YWCA lifetime member, please visit ywcautah.org.

Are you a young woman seeking to strengthen your leadership skills?

Apply today for YWEmpowered 2020

Are you a young woman seeking to strengthen your leadership skills? Apply today for YWEmpowered 2020. For more information, please visit ywcautah.org/yweempowered.

Shawna Cuan learned of YWEmpowered by chance—she attended the 2017 Leadership as the grand partner of a corporate sponsor, and while at the event noticed an announcement about a new young woman’s leadership program. She had recently been promoted and was managing people for the first time, but was finding the experience isolating and stressful rather than positive—she felt unsupported for the challenge. YWEmpowered seemed like a perfect fit.

Shawna applied and was accepted into the first YWEmpowered cohort in 2018, and found this experience to be transformative. Many members of the cohort were experiencing similar issues in their own jobs, which helped Shawna feel more confident in expressing her concerns, and her mentor, Teresa Garrett, helped her identify her professional passion for renewable energy as well as her myriad strengths. The resulting job change created more alignment between her career goals and personal strengths.

Shawna’s advice to anyone considering applying for YWEmpowered is a positive one: “No matter where you are in your life stage as a young woman, there is a wider network of people who understand where you are at, and YWEmpowered will help you build that network.” The YWCA is a fantastic organization and now has a fantastic group of young women, and my mentor, that I can lean on.”
YWCA Utah Goes Purple for #DVAM2019

This October, YWCA Utah, along with many other organizations, will be raising awareness about the prevalence of domestic violence. Due to three women in Utah who experience domestic violence at some point in their lifetime, and it can take many forms—physical, mental, sexual, financial, or psychological. It is crucial to understand the signs, dynamics, and lasting effects of domestic violence against women.

A core YWCA service is providing safety and opportunity for survivors of domestic violence in our communities and advocating for their safety, well-being, and autonomy long after they leave our campus. This past year, YWCA Utah served 1,986 individual women and children through our DV services. A core YWCA service is providing safety and opportunity for survivors of domestic violence in our communities and advocating for their safety, well-being, and autonomy long after they leave our campus. This past year, YWCA Utah served 1,986 individual women and children through our DV services.

As a part of Domestic Violence Awareness Month, YWCA Utah will be raising awareness about the prevalence of domestic violence. One in three women will experience domestic violence at some point in their lifetime. It is crucial to understand the signs, dynamics, and lasting effects of domestic violence against women. A core YWCA service is providing safety and opportunity for survivors of domestic violence in our communities and advocating for their safety, well-being, and autonomy long after they leave our campus. This past year, YWCA Utah served 1,986 individual women and children through our DV services.

The 31st annual YWCA Leadership Lunch was a resounding success, with over 1,200 friends celebrating the YWCA and women in our community. Keynote speaker Valarie Kaur, founder of the Revolutionary Love Project, shared inspirational words and we honored the 2019 Outstanding Achievement Award recipients. With the help of our donors, we were able to raise funds to help the YWCA continue its vital work. Special thanks to the George S. and Dolores Doré Eccles Foundation for sponsoring our keynote speaker and to American Express, O.C. Tanner, and Zions Bank for their leadership in making the event a huge success. With the help of our donors, we were able to raise funds to help the YWCA continue its vital work. Special thanks to the George S. and Dolores Doré Eccles Foundation for sponsoring our keynote speaker and to American Express, O.C. Tanner, and Zions Bank for their leadership in making the event a huge success.

For all events, opportunities, and calls to actions during this important month, follow us on our social media. Don’t forget to wear purple on Fridays to show your support!

Sowing the Seeds of Success and Economic Empowerment

Utah Women’s Policy Conference—A Huge Success

At the 3rd Annual Utah Women’s Policy Conference in August, community members, politicians, and advocates convened to learn more about YWCA Utah’s policy priorities and the important work being done statewide to address both existing and emerging issues for Utah women and their families. The Well-Being of Women in Utah 2019, the YWCA Utah’s annual fact sheet published with the Institute for Women’s Policy Research, was released during the conference.

More information and to download the full report, visit ywcautah.org.
eliminating racism

WEEK WITHOUT VIOLENCE

show your support!

follow us on our social media. Don’t
to actions during this important month,
For all events, opportunities, and calls
information, elevate stories, and raise
October 18th. Join us as we share
Without Violence from October 14th to
join together in the annual Week
Month, YWCAs across the country will
and advocating for their safety, well-
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A Day of Inspiration

#DVAM2019

Goes Purple for

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raising awareness to work towards ending

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YWCA Utah

31th Annual LEADERLUNCHEON
A Day of Inspiration

2019 Outstanding Achievement Award Recipients

Drumma Krieger | HEALTH & HEALTH
Mara Robin | COMMUNITY SERVICE
Amy Rees Anderson | BUSINESS
Steve Wilcox | PUBLIC SERVICE
Kendra Tornik | SPORTS & ATHLETICS

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Afterschool Program, offering hands-on learning experiences about medical

empowering women

YWCA Utah

volunteering opportunities at the YWCA can be very empowering.

For more information on Seeds of Success contact
eempowers girls

Susie@wasatchgardens.org or visit wasatchgardens.org.

For more information on the YWCA and women in our community, please visit ywcautah.org.

Sowing the Seeds of Success and Economic Empowerment

Tucked back behind the Rio Grande train station in an urban farm - a place where

women living at the YWCA could enjoy summer films together!

Over 40 employees from Larry H. Miller Group of Companies volunteered a day of service. Volunteers helped with spring cleaning, tying themed blankets for the children and set up the annual Comcast Cares Day. Comcast also donated new outdoor movie equipment so the families

Empowerment Specialist, finds the

high-demand career in the community.

These skills while obtaining training for a

job training program for single mothers,

provides the opportunity to develop

during the course.

It’s a way for women to become self-sufficient.

For more information on Seeds of Success contact

seeds@wasatchgardens.org or visit wasatchgardens.org.

One in three women in Utah will experience

Seeds of Success, six-week full-time

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For more information on Seeds of Success contact

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A Heartfelt Thank You!

Over 430 Utah health care employees volunteered a day of service at multiple projects that improved the lives of the families receiving services at the YWCA. Pictured here is the standout group of volunteers built for the children at the YWCA.

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As part of Domestic Violence Awareness Month, YWCAs across the country will join together in the annual Week of Domestic Violence Awareness. This October, YWCA Utah, along with many other organizations, will be raising awareness about the prevalence of domestic violence in our community, and advocating for their safety, well-being, and autonomy long after they leave our campus. This past year, YWCA Utah served 3,500 individual women and children through our DV services.

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For more information and to download the full report, visit ywcautah.org.

YWCA UTAH 31st Annual LEADERLUNCHEON A Day of Inspiration

2019 Outstanding Achievement Award Recipients

Dreanda Knepper | MEDICINE & HEALTH
Mara Rubin | COMMUNITY SERVICE
Amy Rees Andersen | BUSINESS
Roxie Women | PUBLIC SERVICE
Hendra Tomic | SPORTS & ATHLETICS

Sowing the Seeds of Success and Economic Empowerment

The Wasatch Community Gardens’ Green Station is an urban farm – a place where women living at the YWCA, along with other women from the community, gain the tools they need to achieve self-sufficiency, including job training, community building, and personal healing. The YWCA strives to give women the tools they need to succeed long after their time with us, and this farm is one of the many community programs that make this possible.

The Wasatch Community Gardens’ Green Station helps women develop a variety of life skills, including professionalism, soft skills, and community involvement while learning how to grow their own food. The farm acts as a safe haven for women, while learning how to grow their own food. The farm acts as a safe haven for women, while teaching them about life skills, including professionalism, soft skills, and community involvement while learning how to grow their own food.

For more information on Seeds of Success contact susie@wasatchgardens.org or visit wasatchgardens.org.

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YWCA Utah

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The program, while intense at times, provides the opportunity to develop these skills while obtaining training for a high-demand career in the community. Courtney Siler, YWCA Utah’s Economic Empowerment Specialist, finds the program to be instrumental in her work. To enter the program, women undergo an interview process, and the YWCA supports them in resume building, interview preparation, and paperwork. The program, while intense at times, supports graduates in finding a job once the program ends through partnerships with local businesses. Both programs provide an invaluable opportunity for these women to come together and heal while learning skills they can apply to every aspect of their life.
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Candy Cane Lane
Women make up 50% of the population, but are underrepresented in public office at all levels... let’s change that!

Upcoming Events
November 13, 2019: Fall Social (Salt Lake City)
January 18, 2020: Winter Training (Salt Lake City)
November 12, 2019: Fall Social (Salt Lake City)

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Patricia B. Ellersmeyer
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Nora Trinidad-Scholle

Real Women Run
Your chance to become an elected political leader!

Learn more at ywcautah.org/realwomenrun

YW Empowered Strengthens Leadership Skills, Builds Confidence
Shawna Cuan learned of YW Empowered by chance – she attended the 2017 Leadership Awards as the guest of a corporate sponsor, and while at the event noticed an announcement about a new young women’s leadership program. She had recently been promoted and was managing the largest piece of the company’s portfolio, but was finding the experience isolating and stressful. “No matter where you are in your career, or your life stage as a young woman, there is a wider network of people who understand where you are at, and can help you change created more alignment between her career goals and personal strengths. Shawna’s advice to anyone considering applying for YW Empowered is a positive one: “No matter where you are in your life, there is a wider network of people who understand where you are at, and can help you.” YW Empowered requests interested young women to apply for YW Empowered 2020 by applying online at ywcautah.org/ywempowered.

Are you a young woman seeking to strengthen your leadership skills? Apply today for YW Empowered 2020 ywcautah.org/ywempowered

YWCA Utah • eliminating racism • empowering women
ywcautah.org 801-537-8604 | TTY 711

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Racism next April.

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Visit www.ywcautah.org/candycanelane to see our full wish list! Contact Cassie Brood at cbrood@ywcautah.org for group volunteer opportunities.

Candy Cane Lane
December 10 - December 14

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On-location appointments to boards and commissions, participation in campaigns, and engagement in the political system.

TBA:

Northern and Southern Utah Spring Training
January 17, 2020: Celebrating the Political Kaleidoscope for Women

Learn more at ywcautah.org/realwomenrun

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Kate Conyers
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Shawna Cuan learned of YWEmpowered by chance – she attended the 2017 Leadership Luncheon as the guest of a corporate sponsor, and while at the event noticed an announcement about a new young women’s leadership program. She had recently been promoted and was managing people for the first time, but wasn’t finding the experience isolating and stressful rather than positive – she felt unprepared for the challenge. YWEmpowered seemed like a perfect fit.

Shawna applied and was accepted into the first YWEmpowered cohort in 2018, and found this experience to be transformative. Many members of the cohort were experiencing similar issues in their own jobs, which helped Shawna feel more confident in expressing her concerns, and her mentor, Teresa Garrett, helped her identify her professional passion for renewable energy as well as achieve her personal growth.

The resulting job change created more alignment between her career goals and personal strengths. Shawna’s advice to anyone considering applying for YWEmpowered is a positive one: “No matter where you are in your life stage as a young woman, there is a wider network of people who understand where you are at, and YWEmpowered will help you build that network. The YWCA is a fantastic organization and now have a fantastic group of young women, and my mentor, that I can lean on.”